



# Arts Impact

Arts Infused Conference:

Engaging Heads and Hearts:

Social Emotional Learning and the Arts

June 27 & 28, 2017, 8 am – 4:30 pm

Blackriver Training & Conference Center

Puget Sound ESD

800 Oakesdale Ave SW, Renton, WA 98057

Brain science tells us that effective learning happens when our emotions are engaged and that students who are feeling stress, anxiety, or experience trauma in their lives face huge barriers to learning. How can teaching in and through the arts help engage students' emotions and develop social emotional intelligence?

Join us for two days of dance, theater, and visual arts lessons infused with social emotional learning. Engage in ready-to-use strategies for teaching these critical life skills through PreK-5 integrated arts learning.

Complete attached registration materials online at:

[www.arts-impact.org/arts-infused-conference-agenda-registration](http://www.arts-impact.org/arts-infused-conference-agenda-registration)

Or send to:

Audrey Otto

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fax: 425-917-7810



**Arts Impact**  
**Arts Infused Conference:**  
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### Empowering Teachers to Teach the Arts

Arts Impact provides professional learning for teachers to build confidence and competence to integrate the arts into the everyday classroom experience, helping to ensure all children have access to quality arts education.

Arts Impact is committed to building key 21st Century Skills for both teachers and students that include creativity, collaboration, communication, critical thinking, growth mindset, and perseverance, all vital to closing the opportunity gap. We believe including the arts in basic education teaches to the whole child, engages all learning modalities, and leads to the development of powerful learning habits.

### Who Should Attend This Conference?

Whether you have been infusing the arts into your teaching for years or are just beginning to explore arts integration, Arts Impact's annual Arts Infusion conference is relevant for PreK-8 classroom teachers, arts specialists, school counselors and administrators. All Arts Impact lessons align with relevant WA State Arts Standards, Common Core State Standards and Next Generation Science Standards, Social Emotional Learning Benchmarks, as well as WA State Early Learning Guidelines through Grade 3.

Each day of the two-day conference begins with an opening session by Arts Impact Director, Beverly Harding Buehler. Then select from a range of classroom-ready sessions in dance, theater, and visual arts that are infused with social emotional learning. Discover the power of arts-infused learning and assessment strategies for deepening student engagement and raising achievement.

Clock hours available.

Registration fee (lesson plan and studio fee included): \$150/one day  
\$250/two days

Please register online at [www.arts-impact.org/arts-infused-conference-agenda-registration](http://www.arts-impact.org/arts-infused-conference-agenda-registration) or complete the attached registration and payment form.

Credit card: online, email, fax, or mail

Purchase orders: email, fax, or mail

Checks: mail only

Audrey Otto, Program Specialist

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Puget Sound ESD, Arts Impact

800 Oakesdale Ave SW

Renton, WA 98057

June 27, 2017 – Day 1

8:00-8:30	Registration, Coffee, and Networking
8:30-9:15 Opening Session  <i>Beverly Harding Buehler</i>	<b>Whole Brain Teaching: Social Emotional Learning and the Arts</b> (All participants) Neuroscience tells us that students learn best when they have an authentic emotional connection to what they are learning. How can the arts help students identify personal connections and develop the skills to access these sources of inspiration and meaning making?
9:30-12:30	Morning Concurrent Sessions (Choose one)
<b>Session A</b> Visual Arts  <i>Meredith Essex</i>	<b>Emotion Words and Showing Our Changing Feelings</b> (Primary) Explore emotion words through associating them with the visual language of color, line, and shape. Visualize, talk about, and create abstract compositions that express change from one state of being to another using a variety of drawing and painting techniques.
<b>Session B</b> Visual Arts  <i>Carol Gould</i>	<b>Inferring Emotion: Mining Clues from the Text and Yourself</b> (Intermediate) Combine background knowledge with text or picture clues to make inferences about emotions. Analyze how color is used for expressive impact. Sketch an emotionally charged personal event then refine the idea using watercolor.
<b>Session C</b> Theater  <i>Dave Quicksall</i>	<b>Acting Out the Meta-Moment</b> (Intermediate) by Allison Williams, Adams Elementary Practice self-awareness by noticing what happens in your body and mind when you have a particular feeling. Act out a scenario that causes a challenging feeling and use the meta-moment tool to change your behavior.
<b>Session D</b> Dance  <i>Debbie Gilbert</i>	<b>Mood Meter Dance</b> (Primary) by Chris Robert, Highland Park Elementary Use the mood meter to create a dance. Plot the emotions of a character on the mood meter. Dance the emotions with smooth and/or sharp energy.  <b>Exploring Emotions with Tight and Loose Energy</b> (Primary) by Allison Dungan, Concord International Explore tight and loose energy and make a connection with the mood meter emotions. Create a pattern dance that alternates between tight and loose movements.
12:30-1:30	Lunch and Networking
1:30-4:30	Afternoon Concurrent Sessions (Choose one)
<b>Session E</b> Visual Arts  <i>Meredith Essex</i>	<b>Using Emotional Memory to Add Texture to Setting</b> (Primary) Generate descriptive words that express emotional details from story settings and describe actual textures seen in art. Remember a special family event and select textural materials associated with that setting to create an assemblage.
<b>Session F</b> Visual Arts  <i>Carol Gould</i> <i>Beverly Harding Buehler</i>	<b>Building Resilience: Turning Accidents into Intentions</b> (Intermediate) Life is full of mistakes. Although we often get second chances, sometimes we paralyze ourselves from taking advantage of them. In this visual arts lesson, we will learn ways to welcome mistakes as opportunities to make new choices and in so doing, to build resilience.
<b>Session G</b> Theater  <i>Dave Quicksall</i>	<b>How Emotions Affect What We Do</b> (Primary) What happens to us when we feel a powerful emotion? What physical choices do we make to communicate how we feel to others? How do our actions affect others? These questions will be explored in this theater lesson using dramatic games, exercises and interactive play.  <b>Focus and Mindfulness</b> (Primary) by Rebecca Allan, Concord International Apply focus and mindfulness to body movements. Begin by focusing on your hand and then the focus will expand to your whole body and sustained movement throughout the room.
<b>Session H</b> Dance  <i>Debbie Gilbert</i>	<b>Conflict Resolution through Dance</b> (Intermediate) Use body shape and movement to identify and express what you are feeling and ways to respond to others' feelings. Explore how to respectfully use movement to understand and resolve conflict.

8:00-8:30	Registration, Coffee, and Networking
8:30-9:15 Opening Session  <i>Beverly Harding Buehler</i>	<b>Trauma-informed Teaching through the Arts</b> (All participants) A stressed or anxious brain cannot learn effectively. Many of our students suffer from adverse childhood experiences that limit their ability to process new ideas and make meaning from them. Explore how the arts can teach students to de-escalate intense emotions, build personal connections and develop resilience through supported risk taking.
9:30-12:30	Morning Concurrent Sessions (Choose one)
<b>Session I</b> Theater  <i>Rachel Atkins</i>	<b>Point of View: Developing Awareness, Empathy, and Respect</b> (Intermediate) Explore ideas, choices, and consequences around relevant social issues in the classroom, curriculum, and community. By stepping into someone else's shoes, develop empathy and create a better understanding of different points of view. Build trust, sculpt statues and tableaux, and improvise characters through role-play.
<b>Session J</b> Dance  <i>Gary Reed</i>	<b>Creating a Beginning, Problem, Solution Dance</b> (Primary) Listen to a folktale about three little animals and notice the words in the story that tell about emotions. Use the action and emotion words in the beginning, problems, and solution of the story to create and perform movements that show what happened in the plot of the story.
<b>Session K</b> Visual Arts  <i>Mysten Huggins Beverly Harding Buehler</i>	<b>Mindfulness and Finding Calm through Observational Drawing</b> (Primary) Explore observational drawing as a meditative exercise. Sharpen observation skills recording line, detail, and surface textures of a plant or animal to develop a detailed and visually descriptive drawing.
<b>Session L</b> Visual Arts  <i>Meredith Essex Grace Washington</i>	<b>Interior Landscapes</b> (Intermediate) Analyze figurative language connected to mood that references time, place, and weather. Using expressive landscape paintings as inspiration, create (and write about) a mixed-media diptych (two-part) painting that conveys emotion and self-transformation.
12:30-1:30	Lunch and Networking
1:30-4:30	Afternoon Concurrent Sessions (Choose one)
<b>Session M</b> Theater  <i>Rachel Atkins</i>	<b>Acting Out Emotions with Mood Meter</b> (Primary) by Doris Toy, Emerson Elementary Identify feelings from a book and act them out. Plot the feelings on the mood meter and notice what the feelings look like on others. Chart your own feelings on the mood meter.  <b>Expressing Emotional Range</b> (Primary) by Nicole Albertson, Leschi Elementary Work in pairs to use your body to demonstrate the difference between two similar emotions. Make two tableaux together, one showing the emotion and the other the exaggerated emotion.
<b>Session N</b> Dance  <i>Gary Reed</i>	<b>Self-management through Dance</b> (Intermediate) Demonstrate skills to manage emotions and utilize constructive problem solving skills. Explore how to show and share different emotions in a repeating gesture-based sequence. Use these sequences to meet another student and choreograph a change in emotions that you will then dance together.
<b>Session O</b> Visual Arts  <i>Mysten Huggins Beverly Harding Buehler</i>	<b>Insider and Outsider Wearable Art</b> (Intermediate) Explore how media choices and composition can convey the experience of being an insider or an outsider. Respond by making mixed-media wearable art that conveys specific feelings. Diverse textures, shapes, and colors are repeated and securely attached to make a cohesive piece.
<b>Session P</b> Visual Arts  <i>Meredith Essex Grace Washington</i>	<b>Moving Lines</b> (Primary) Explore how diagonal, curved, and zigzag lines show different levels and kinds of emotions and connect them with the mood meter. Music is introduced as a stimulus for making active lines using brush and ink. Soft washes and crisp lines in watercolor are then added to active lines.  <b>Calm Lines</b> (Primary) Focus on how line direction can make a still life picture seem calm or peaceful, as calm lines can express calm feelings. Draw a still life using contour lines in pencil, then fill your whole composition with color using chalk pastels.



# Arts Impact: Arts Infused Conference

## Engaging Heads and Hearts: Social Emotional Learning and the Arts

June 27 & 28, 2017

8:00 am – 4:30 pm

Blackriver Training & Conference Center @ Puget Sound ESD

Name \_\_\_\_\_

School \_\_\_\_\_

Work Email \_\_\_\_\_

Home Email \_\_\_\_\_

Telephone \_\_\_\_\_

### Registration

Choose only one per day:

<b>X</b>	<b>Day 1 AM</b>
	<b>Session A</b> Visual Arts: <i>Emotion Words and Showing Our Changing Feelings</i>
	<b>Session B</b> Visual Arts: <i>Inferring Emotion: Mining Clues from the Text and Yourself</i>
	<b>Session C</b> Theater: <i>Acting Out the Meta-Moment</i>
	<b>Session D</b> Dance: <i>Mood Meter Dance and Exploring Emotions with Tight and Loose Energy</i>

<b>X</b>	<b>Day 2 AM</b>
	<b>Session I</b> Theater: <i>Point of View: Developing Awareness, Empathy, and Respect</i>
	<b>Session J</b> Dance: <i>Creating a Beginning, Problem, Solution Dance</i>
	<b>Session K</b> Visual Arts: <i>Mindfulness and Finding Calm through Observational Drawing</i>
	<b>Session L</b> Visual Arts: <i>Interior Landscapes</i>

<b>X</b>	<b>Day 1 PM</b>
	<b>Session E</b> Visual Arts: <i>Using Emotional Memory to Add Texture to Setting</i>
	<b>Session F</b> Visual Arts: <i>Building Resilience: Turning Accidents into Intentions</i>
	<b>Session G</b> Theater: <i>How Emotions Affect What We Do and Focus and Mindfulness</i>
	<b>Session H</b> Dance: <i>Conflict Resolution through Dance</i>

<b>X</b>	<b>Day 2 PM</b>
	<b>Session M</b> Theater: <i>Acting Out Emotions with Mood Meter and Expressing Emotional Range</i>
	<b>Session N</b> Dance: <i>Self-management through Dance</i>
	<b>Session O</b> Visual Arts: <i>Insider and Outsider Wearable Art</i>
	<b>Session P</b> Visual Arts: <i>Moving Lines and Calm Lines</i>

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